

The Ridgeway School

Whole School Food Policy

Consultation history

Team Leaders, PSHE&C, Science & Food	May 2006
School Catering Manager	May 2006
Financial Manager	May 2006
School Council	December 2005
Parents & non teaching staff	May 2006
Pupils Committee	
Full Governing Body	
Date of Policy	
Date of Review	

Linked policies:-

Equal opportunities policy, attendance, anti bullying, behaviour

Purpose

To produce a whole school food policy to comply with the National Healthy Schools standard. This will help to ensure a coherent approach to the implementation of food and nutrition across The Ridgeway School.

Aims:-

- To educate all pupils about the benefits of healthy eating through the formal curriculum e.g. Food Technology, PSHE&C and Science. To ensure the provision and consumption of Food and drinks in school embraces current healthy eating guidelines and mandatory standards.
- To provide opportunities for OSHL (out school hours learning), to raise awareness of healthy eating issues within the community. This links to the school's specialist science targets.
- To promote healthy options.
- To create pleasant and welcoming eating environments.
- To encourage participation in national and local initiatives e.g. British Food Fortnight, Data/Sainsburys Taste of success awards, Swindon Young cooks.
- To promote the education and health of pupils and staff by improving the quality of food available within the school environment.

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- To help promote social inclusion.
- To help to raise pupil achievement.
- To improve behaviour

Objectives

- The provision of food and drink in school will be monitored by the School Nutrition Action Group (NAG) and the Executive team, to ensure that current nutritional guidelines and advice from the DFES and School Food Trust are met.
- All staff will be encouraged to promote healthy eating.
- To review the formal curriculum to ensure information relating to food and nutrition is consistent and up to date.
- To work with the school cafeteria to trial healthy options.
- To ensure that vending machines offer healthier alternatives.
- To raise awareness of food and nutrition through OSHL. This will include links with primary schools and the local community.
- To provide opportunities for staff, pupils, the local community to sit the CIEH Foundation Certificate or equivalent in food hygiene.
- To encourage all members of the school community to take responsibility for their health by selecting healthy options.
- To ensure pupils and staff have access to drinking water.

Monitoring and Evaluation

- A member of the Executive Team will be responsible for the implementation of this policy. They will work closely with the School Nutrition Action Group (NAG) and School Council.
- Feedback from pupils, staff and parents on the range of food and drink provided.
- Accreditation for pupils, staff and members of the local community is the CIEH Food and Hygiene Certificate.
- Participation and achievement in the National Healthy School programme.
- Reports to Governors.
- Analysis of menus and sales data by the school catering manager and Executive team.
- Work scrutiny by Team Leaders of Food, Science and PSHE&C focusing on the delivery of healthy eating and nutrition. This will include schemes of work, pupil work and classroom displays.

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The Catering Manager will :-

- Use the whole school Food policy to promote healthy eating.
- Meet the current nutritional standards from the DFES and School Food Trust.
- Create a pleasant and welcoming eating environment.
- Encourage the selection of healthy eating options through clear and informative labelling.

Parents

- Information on nutritional standards and healthy eating is available from the relevant Team Leaders and School Nutrition Action Group.
- Information evenings focusing on healthy eating will be organised as appropriate.
- Parents will be actively encouraged to participate in OSHL opportunities to develop their skills and knowledge about healthy eating.

Contribution of Outside Agencies

- Local Authority adviser for the National Healthy school status.
- Involvement with Healthy Schools network groups. This includes partnerships with outside agencies and health professionals.
- Work with celebrity chefs to raise the profile of healthy eating.

Individual advice and counselling

- Pupils with individual health concerns will be encouraged to discuss these issues with the School Health Nurse.
- There are also opportunities for pupils to receive individual counselling and guidance from identified members of staff.