

12/03/19

**Re: Y10 D of E Bronze Training Weekend 23-24/03/19
and Practice Expedition; 30-31/03/19 Cranham, Gloucestershire**

Dear Parent / Carer,

To be ready for their assessed students must complete training and a practice expedition.

Training weekend outline

Saturday 23/03/19

Students arrive at school 08.50

Please bring a packed lunch and snacks.

Session 1: 09.00-10.30 Core Training including, Emergency procedures and first aid, Risk awareness and safety, Team aim recording & presenting, Teaming & leadership and Country code

Break: 10.30-10.45

Session 2: 10.45-12.30 Route Planning for the Practice Expedition

Lunch 12.30-13.00

Session 3: 13.00-14.30 Campcraft skills including hygiene and equipment

Session 4: 14.30-15.30 Nutrition, Menu planning, Rucksack packing. Final topics and prep for Sunday

Students go home 15.30

Sunday 24/03/19

Students will need to be dressed as for an expedition, ready for any weather conditions they might face with traditional ankle supporting walking boots (not shoes), a set of waterproof jacket with trousers and carrying a rucksack with a drink, snacks and lunch in it.

If there any issues with providing kit, please ask students to see myself or Mr Kench.

Students arrive at school: 08.30

Arrive by minibus at training venue: 09.00; Venues to include Savernake Forest, Cheril Hill, etc

Navigation training: 09.00-14.00 Navigation skills including: Pacing & timing, Map skills, Compass skills, Proficiency in mode of transport

Return to school/Students go home: 14.30



Practice Expedition

All students will be walking in their DofE Team. On Saturday the 30th they will walk with a member of school staff or a Nolimits Instructor. On Sunday the 31st teams will be monitored at check points with school staff & instructors proactively roaming to both support and assess performance.

The students should be at school by 08.15 on Saturday 30/03/19 and return to school at about 15.30 on Sunday 31/03/19.

You will find attached a kit list which outlines the requirements for both team kit, individual kit and food. Food must not include pot noodles it should be simple to cook on a Trangia (mehs) stove and ideally will not make the pans very dirty (fry-ups do). An example menu being dinner: pasta & sauce, custard & chocolate: Breakfast croissants & coffee. Students will also need 2 packed lunches.

Students have retained tents rucksacks and other school equipment. This kit must be returned in a dry clean condition to Mr Kench and Mr Gregory on Tuesday 02/04/19.

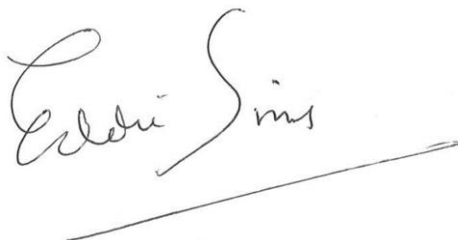
By now students are aware of what volunteering, skill and physical recreation they will be completing for the award. Please encourage your son/daughter and help them input all their information onto their online account. If you have any questions or concerns, please do not hesitate to contact myself or Mr Kench. I do hope your son/daughter has a great time over these 2 weekends.

simse@ridgewayschool.com & 07968983660

kenchp@ridgewaschool.com

Please return the permission and medical form to Mr Kench by Monday 18/03/19

Yours Faithfully,



Eddie Sims
DofE Manager

Attachments: Kit list and Medical with permission form

